

# CARER-INCLUSIVE PG NETWORK

GENDER, HEALTH, AND CAREGIVER FRIENDLY WORKPLACES



OCTOBER 2023 | VOL. 11

## Welcome to our new Project Partner!

The aim of Balancing Act is to create increased equality, accessibility, and inclusion for parents and caregivers working in the performing arts. Our newest partner collaborates with artists, arts workers, and arts organizations to develop pathways for change at an individual, organizational and systemic level.



## Canadian Caregiving Summit 2023

**Still time to Register!** PG partner, the Canadian Centre for Caregiving Excellence (CCCE) is hosting the Canadian Caregiving Summit (CCS) – a three-day hybrid event in Ottawa, from November 6 to 8, 2023.

The Summit will include keynote speakers, plenary sessions and panel discussions on the most pressing issues faced by caregivers and care providers across Canada. Delegates will also participate in facilitated working sessions to build the foundation of a national caregiving strategy.

Click [here](#) to register.



## International Network on Leave Policies and Research Seminar



PG Co-investigator's Diane-Gabrielle Tremblay (Teluq University) and Andrea Doucet (Brock University) participated in the 20th International Network on Leave Policies and Research Annual Seminar on June 29-30<sup>th</sup>, 2023 as members of the Canadian team. Held in Athens, Greece, the seminar brought together over 25 countries of researchers. Access their report [here](#). The report summarizes policy for the four main types of leave (maternity, paternity, parental, and care for sick dependents).

## Research Snapshot: Urban Indigenous Perspectives on Juggling Eldercare and Employment

PG Co-investigator Dr. Eva Jewell, Toronto Metropolitan University, and PG partner the Vanier Institute of the Family recently collaborated to highlight the experiences of employed indigenous caregivers. **Read the article [here](#).**

## HELP SPREAD THE WORD VIA OUR WEBSITE!

Let's be friends! We continue to amplify our research findings and tools/products to support Caregiver friendly workplaces and carer employees.

Follow us on Twitter [here](#) and on LinkedIn [here](#) at Carer Friendly Workplaces

**Project Citation:** CIHR/SSHRC Healthy Productive Work Partnership Grant "Scaling up the Carer-Inclusive Accommodating Organizations Standard" FRN: HWP-146001 (CIHR); 890-2016-3018 (SSHRC).

Hashtags:

#careremployee  
#CarerStandard  
#PGProject



Quick-Study Guides available in English and French

Click here:

**ENGLISH FRENCH**

CSA Standard is available for viewers in Canada as complimentary download until **August 3, 2026**. (Click below)

**CSA B701:17 (R2021) | Product | CSA Group**

**B701HB-18 | Product | CSA Group**

**TOOLS AND CURRICULUM (CLICK HERE)**

### LINKS TO THE STANDARD

English: <https://www.csagroup.org/article/b701-17/>

French: <https://www.csagroup.org/fr/article/b701-f17/>

### LINKS TO THE GUIDE

English: <https://www.csagroup.org/article/b701hb-18/>

French: <https://www.csagroup.org/fr/article/b701hb-f18/>

### LINKS TO THE QUICK-STUDY GUIDE

<https://ghw.mcmaster.ca/quick-study-download-page/>

National Day  
for Truth and  
Reconciliation  
September 30



Government of Canada

Government du Canada

Canada

## Employed Caregivers in Canada Infographics

Vanier Institute of the Family and Research on Aging, Policies and Practice (RAPP) at University of Alberta are sharing infographics based on “analyses of Statistics Canada’s 2018 General Social Survey on Caregiving and Care Receiving” (Andrew Magnaye, Choong Kim, Jacque Eales and Janet Fast). [DOWNLOAD HERE & SHARE ON SOCIAL MEDIA!](#)



## SSHRC Ideas Lab Round 2: Global Health/Wellness for the 21st Century



PG Co-Investigator, Dr. Bharati Sethi (Trent University), and PG Principal Investigator (PI), Dr. Allison Williams (McMaster University), were recent participants in the SSHRC CRSH interactive workshop: Imagining Canada’s Future Ideas Lab: Global Health/Wellness for the 21st Century. Drs. Sethi and Williams have been invited to participate in Stage 2 of the SSHRC Ideas Lab application.



## News Roundup

### NEW Project 18: Evaluating the uptake of the CSA B701:17 (R2021) Carer-inclusive and accommodating organizations workplace standard

Led by Brooke Chmiel, Master’s candidate at McMaster University and supervised by Dr. Allison Williams, this project will examine the uptake of the CSA Carer-inclusive and accommodating organizations standard across organizations and the level of implementation. Results of the evaluation will be analyzed to determine strategies for increasing uptake of the standard nationally.

### Kudos to:

**Dr. Bharati Sethi** presented the Hilary Weston Awards on behalf of Mrs. Hilary Weston, 26<sup>th</sup> Lieutenant Governor of Ontario.



**Dr. Regina Ding** prepares to begin a new role as Research Associate position at Bruyere Hospital. The position is to be in the Palliative Care unit, with a research focus on long-term care and bereavement interventions for family caregivers.

**Reemal Shabaz** successfully defended her thesis and completed her master’s degree in Global Health, supervised by Drs. Allison Williams and Bharati Sethi! Her thesis explored “Experiences of Visible Minority Transnational Carer-Employees”. Reemal is now pursuing a PhD in the Institute of Health Policy, Management, and Evaluation, at the University of Toronto (UofT).



**Brooke Chmiel** as our newest PG trainee has been awarded an Ontario Graduate Scholarship (OGS), nominated by the School of Earth, Environment and Society at McMaster University. Congratulations to Brooke on this achievement!

**Dr. Allison Williams** is now on Research.com's 2023 Edition of Top Scientists in the field of Social Sciences and Humanities ranked Dr. Allison Williams 1582 in the world and 85 in Canada. She has also been recognized with the Social Sciences and Humanities Leader Award for 2023.

## Welcome PG Trainees



**Trevor Dugdale**, MSc Student  
DeGroote School of Business,  
McMaster University



**Brooke Chmiel**, MSc Geography,  
McMaster University, PG Stream B  
Project 18



## Thank you & Farewell PG Summer Trainees



**Reed Ciarloni**, Summer Research  
Assistant, McMaster University

Reed collaborated on Stream A, Project 2, working to publishing a 3rd scoping review currently under review.



**Joy Yang**, Summer Research  
Assistant, McMaster University

Joy collaborated on Stream B, Project 10, analyzing the Statistics Canada general Social Survey - Caregiving and Care-receiving. She will present at the RDC Conference in Hamilton this November.



**Chris Ji**, Summer Research Assistant,  
McMaster University

Chris collaborated on Stream B, Project 9, analyzing the latest version of the Canadian longitudinal Survey on Aging (CLSA).

## Upcoming Events

Let us know if you are speaking or attending any of these events!

- Canadian Association on Gerontology (CAG) 2023, October 26-28, 2023. Register [here](#).
- Canadian Caregiving Summit 2023, Ottawa, Ontario, November 6-8, 2023. Register [here](#).
- National CARECarnival & Conference, Virtual, November 8, 2023. Register [here](#).
- 16<sup>th</sup> European Public Health Conference, Dublin, Ireland, November 8-11, 2023. Register [here](#).
- Gerontological Society of America (GSA) 2023 Annual Scientific Meeting, November 8-12, 2023. Register [here](#).
- Rethinking Disability Conference (RDC) 2023, Richmond Hill, Ontario, November 13-15, 2023. Register [here](#).
- Canadian Bureau for International Education 2023, Vancouver, Canada, November 26-29, 2023. Register [here](#).
- 24<sup>th</sup> International Conference on Integrated Care (ICIC24) – April 22-24, 2024, Belfast. Register [here](#).
- Canadian Public Health Association (CPHA) Public Health 2024, April 23-25, 2024. Register [here](#).
- 36<sup>th</sup> Global Conference of Alzheimer's Disease International, April 24-26, 2024. Register [here](#).
- Canadian Geriatrics Society (CGS) 2024 Annual Scientific Meeting, April 25-27, 2024. Register [here](#).
- International Conference on Palliative Care, Pain and Patient Symptom Management (ICPPCPPSM) - Vancouver, Canada, May 20, 2024. Register [here](#).
- International Conference on Palliative Care Management and Leadership (ICPCML) - Toronto, Canada, June 15, 2024. Register [here](#).
- International Conference on Palliative Care and Supportive Care (ICPCSC) - Toronto, Canada, June 15, 2024. Register [here](#).
- Work and Family Researchers Network Conference (WFRN) 2024, June 20-22, 2024. Register [here](#).
- IAGG-ER 2024: World Congress of Gerontology and Geriatrics European Region, June 26-28, 2024. Register [here](#).
- International Conference on Palliative Nursing and Patient Care (ICPNPC) - Ottawa, Canada, July 12, 2024. Register [here](#).
- International Conference on Palliative Care and Healthcare Challenges (ICPCHC) - Toronto, Canada, July 19, 2024. Register [here](#).
- Alzheimer's Association International Conference (AAIC), July 28 – August 1, 2024. Register [here](#).
- McGill International Palliative Care Congress 2023, October 15-18, 2024. Register [here](#).

## Connections

- Sharon Anderson, PhD in Aging and Family Gerontology, can be found on LinkedIn [here](#).
- Kathy Kortess-Miller, a Lakehead social work professor and director of the Centre for Education and Research on Aging and Health (CERAH), shares her research findings on the essential work of Caregivers [here](#).
- Mike George, Co-Founder of Soaring Families & BMG Dynamics Group, helps family caregivers navigate the complex world of care and create a nurturing homecare experience – Learn more about Mike [here](#).
- Ron Beleno, Co-Chair, AGE-WELL's Older Adult & Caregiver Advisory Committee, can be found on LinkedIn [here](#).
- [Click here](#) to visit the Canada's healthy workplace month website or click the image below!



## Recent Publications

**Commonalities and Differences in the Experiences of Visible Minority Transnational Carer-Employees: A Qualitative Study.** International Journal of Environmental Research and Public Health, (2023). [Read the full article here.](#)

Reemal Shahbaz, Allison Williams, Bharati Sethi and Olice Wahoush

**Evaluation of a Knowledge Mobilization Campaign to Promote Support for Working Caregivers in Canada: Quantitative Evaluation.** Journal of Medical Internet Research, (2023). [Read the full article here.](#)

Sarah Neil-Sztramko, Maureen Dobbins, Allison Williams

**A workplace Environmental Scan of Employed Carers During COVID-19.** Journal of Family and Economic Issues, (2023). [Read the full article here.](#)

Regina Ding, Jenny Ploeg and Allison Williams

**A comparative analysis of carer-employees in Canada over time: a cross-sectional analysis of Canada's General Social Survey, 2012 and 2018.** Canadian Journal of Public Health, (2023). [Read the full article here.](#)

Jerry Wu, Allison Williams, Li Wang and Peter Kitchen

**Transnational caring in times of COVID-19: The experiences of visible minority immigrant carer-employees.** Wellbeing, Space and Society, (2023). [Read the full article here.](#)

Shelley Rottenberg, Bharati Sethi and Allison Williams

**Determinants of work-family balance satisfaction during the pandemic: Insights from Québec.** Canadian Review of Sociology, (2023). [Read the full article here.](#)

Sophie Mathieu, Diane-Gabrielle, Christina Treleaven and Sylvia Fuller

**Impacts of the COVID-19 pandemic on carer-employees' well-being: a twelve-country comparison.** Wellbeing, Space and Society, 4, 100123, (2023). [Read the full article here.](#)

Jerry Wu, Allison Williams, Li Wang, Nadine Henningsen and Peter Kitchen

**The Role of Carer-Friendly Workplace Policies and Social Support in Relation to the Mental Health of Carer-Employees.** Health & Social Care in the Community (2023). [Read the full article here.](#)

Joy Yang, Li Wang and Allison Williams

**Care is not a tally sheet: Rethinking the field of gender divisions of domestic labour with care-centric conceptual narratives.** Families, Relationships and Societies, 12(1), (2023). [Read full article here.](#)

Andrea Doucet

## Caregiver Resources

- Canadian Government resources for seniors and their caregivers. Click [here](#) to explore the resources.
- Carers Canada offers useful information to support caregivers in response to COVID-19 – Click [here](#) to explore resources.
- [Canadian Hospice Palliative Care Association](#) provides helpful resources including webinars, guides, and easily implementable tools.
- CBC writers' workshop aims to empower family members to tell their stories – Click [here](#) to view their stories.
- Unseen: How We're Failing Parent Caregivers & Why It Matters | [Official Documentary Trailer](#)
- The Care Economy promotes electoral focus on Canada's social infrastructure – Learn more [here](#).
- Learn more about Policy Strategist Julian Morelli's diverse background advocating for Caregivers [here](#).
- Understanding Aging in Place: Improving Quality of Life Through Innovation – View webcast [here](#).
- Statistics Canada provides insights on Canadian society: Women working in paid care occupations [here](#).
- Developing person-centred care competencies for the healthcare workforce to support family caregivers: Caregiver centred care [here](#).
- Raising kids while being a Caregiver for a Spouse: [Lisa Raitt's story](#).
- Chief Public Health Officer's Report on the State of Public Health in Canada 2021: A Vision to Transform Canada's Public Health System. [Learn more here.](#)
- Dementia-Friendly-Canada Project Building Dementia-Friendly Communities Course. [Learn more here.](#)
- CSA Supporting Mental Health and Well-being in Community Residential Care Settings Report that provides a framework for standard-based solutions. [Learn more here.](#)
- Angus Reid Institute study of Pandemic Fatigue in Canada. [Learn more here.](#)
- AGE-WELL Report Aging in 2021: A report on political priorities in aging across Canada. [Learn more here.](#)
- Review the health forum presented by the COVID-19 Evidence Network to support Decision-making in Canada [here](#).
- The ISO TC314 publishes its first standard for Ageing Societies – [ISO 25551](#).
- Watch the virtual unveiling of the carer-inclusive and accommodating organizations standard [here](#).
- To review the Canadian Human Rights Commission 'A Guide to Balancing Work and Caregiving Obligations: Collaborative approaches for a supportive and well-performing workplace click [here](#).
- Carer employee Carla Velastegui, member of the PG Advisory Committee, shares tips and resources for balancing work and caregiving with the Ontario Caregiver Organization. Watch the full webinar [here](#).