Employee caregivers are labour force participants who simultaneously take on an unpaid caring role for someone in need.

Who are they?
- Caregivers are in the workforce, representing 35% of employed Canadians.
- 6.1 million caregivers are in the workforce, representing 35% of employed Canadians.
- 50% between the ages of 45-65 – their peak earning years.
- 1 in 4 balance child rearing, caregiving, paid work.
- Up to 30 hr/w of provided unpaid care for an average of 3 years.

Caregiving impacts work
- Employee caregivers are labour force participants who simultaneously take on an unpaid caring role for someone in need.
- 15% reduce their work hours.
- 6% quit their jobs.
- 10% take a leave of absence.
- 10% turn down job opportunities.
- 4 in 10 miss days of work.

Cost to employees
- Productivity losses to employers are enormous:
  - Loss of 18 work days per year.
  - Increased employee turnover.
  - Loss of skilled employees.
  - 18 work days per year.
  - 6% quit their jobs.
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Cost to economy
- $1.3 billion in lost productivity per year.

Caregivers are substantially more likely to experience an array of negative emotional, social and health outcomes.
- 28% of caregivers found providing care to be stressful.
- 19% of caregivers indicated that their physical & emotional health suffered.
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Canadian employers need caregiver friendly policies and programs as a part of their future workplaces.