

Supervisory Committee Meeting #1

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Agenda

- Introductions
- Project Overview
 - Background, Research Question & Objectives
 - Research Tools
 - Progress
 - Timeline
- Expectations & Project Feedback

Project Overview – The Essential Work of Double-Duty Caregivers

- **Background:** “double duty caregivers” (DDCs) - individuals providing care both at their place of employment and at home.¹
 - Often women and employed in paid home care sector
 - Double burden: professional & familial caring responsibilities
 - Experience negative financial, mental and physical outcomes: reduced income due to cutting hours, stress, anxiety, and fatigue.¹
- **Research Question(s)**
 - From the perspective of employers, how has COVID-19 impacted workplace operations, protocols and work tasks as they relate to DDCs?
 - How has COVID-19 impacted DDCs work experiences and what strategies are being utilized to manage their personal and professional responsibilities?
- **Objectives**
 - Exploring the intersection of workplace policies or supports for carers and the impact of COVID-19 on DDCs.
 - Creating evidence-based policies or programs that support double-duty caregivers

Phase 1

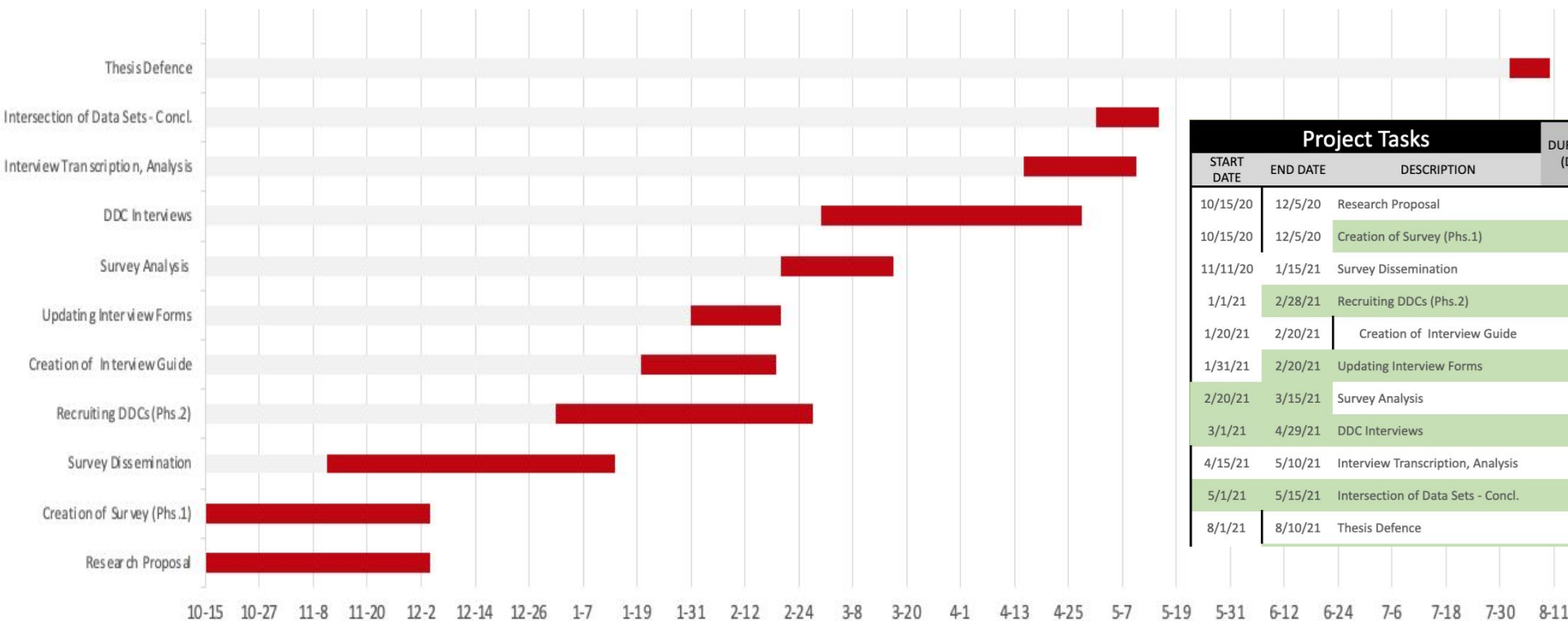
- Quantitative Survey for HR Professionals working in healthcare organizations:
 1. Knowledge on double-duty caring:
 2. COVID-19 changes

Phase 2

- Qualitative Interview: interviewing DDCs to:
 1. gauge how caring has changed
 2. coping strategies utilized to manage professional and personal responsibilities

Timeline

Thesis Defence = **August 2021**



Project Tasks			DUR (D)
START DATE	END DATE	DESCRIPTION	
10/15/20	12/5/20	Research Proposal	
10/15/20	12/5/20	Creation of Survey (Phs.1)	
11/11/20	1/15/21	Survey Dissemination	
1/1/21	2/28/21	Recruiting DDCs (Phs.2)	
1/20/21	2/20/21	Creation of Interview Guide	
1/31/21	2/20/21	Updating Interview Forms	
2/20/21	3/15/21	Survey Analysis	
3/1/21	4/29/21	DDC Interviews	
4/15/21	5/10/21	Interview Transcription, Analysis	
5/1/21	5/15/21	Intersection of Data Sets - Concl.	
8/1/21	8/10/21	Thesis Defence	

